

COURSE DIRECTIONS

Direction	Street	Section	Road Close	Road Open
Start	Frank H Ogawa Plaza	1	6:30am	12:00pm
Left	Clay Street	1	6:30am	7:20am
Left	7th Street	1	6:30am	7:27am
Right	Washington St(South Bound TrafficLane)	1	6:30am	7:30am
Right	4th Street	1	6:30am	7:30am
	MILE 1	1	6:30am	7:30am
Left	Brush Street	1	6:30am	7:45am
Left	2nd Street	1	6:30am	7:45am
Left	Clay Street	1	6:30am	7:45am
Right	3rd Street	1	6:30am	7:45am
Right	Washington Street	1	6:30am	7:45am
Left	2nd Street	1	6:30am	7:45am
Left	Madison Street	1	6:30am	7:45am
	MILE 2	1	6:30am	7:45am
Left	3rd Street	1	6:30am	8:00am
Right	Jackson Street	1	6:30am	8:00am
Left	3rd Street	1	6:30am	8:00am
Right	Webster Street	1	6:30am	8:00am
	MILE 3	1	6:30am	8:00am
Left	8th Street	1	6:30am	8:15am
Right	Broadway	1	6:30am	8:15am
Left	17th Street	2	6:30am	8:00am
Right	Telegraph Ave	2	6:30am	8:00am
Right	20th St/Thomas L Berkley Way	2	6:30am	8:00am
Left	Broadway	2	6:30am	8:00am
	MILE 4	2	6:30am	8:00am
Right	Piedmont Ave	2	6:30am	8:15am
	MILE 5	3	6:30am	8:15am
Left	41st Street	3	6:30am	8:30am
	MILE 6	3	6:30am	8:30am
Right	Telegraph Ave	3	6:30am	8:45am
Right	51st Street	3	6:30am	8:45am
	MILE 7	3	6:30am	8:45am
Straight	Pleasant Valley Ave	4	6:30am	9:00am
Stay Right	Pleasant Valley Ave	4	6:30am	9:00am
Straight	Grand Ave	4	6:30am	9:00am
	MILE 8	4	6:30am	9:00am
	MILE 9	4	6:30am	9:15am
Left	Transition from WB Lane to EB at Perkins St and Lee St	5	6:30am	9:30am
Straight	Grand Ave in EB Lane	5	6:30am	9:30am
Left	On Lake Path just after Bay Place	5	6:30am	9:30am
	MILE 10	5	6:30am	9:30am
Continue	Lake Path to Fountain	5	6:30am	9:45am
	MILE 11	5	6:30am	9:45am
Continune	Lake Path to Boat House	5	6:30am	10:00am

	MILE 12	5	6:30am	10:00am
Continue	Lake Path to Lake Merritt Rowing Club	5	6:30am	10:15am
Cross	Cross to 14th from Lake Path at Lakeside and Oak	5	6:30am	10:15am
Straight	14th Street	5	6:30am	10:15am
	MILE 13	5	6:30am	10:15am
Finish	14th Street and Frank H Ogawa Plaza	5	3:00am	10:30am

RUNNER TIMELINE				
Mile	Location		First	Last
1	Brush Street and 4th Street		7:05am	7:30am
2	Jackson Street and 2nd Street		7:10am	7:45am
3	12th Street and Broadway		7:15am	8:00am
4	25th Street and Broadway		7:20am	8:00am
5	40th Street and Piedmont Ave		7:25am	8:15am
6	45th Street and Telegraph Ave		7:30am	8:30am
7	Gilbert Street and Pleasant Valley Ave		7:35am	8:45am
8	Linda Ave and Grand Ave		7:40am	9:00am
9	Euclid Ave and Grand Ave		7:45am	9:15am
10	Lake Path and Bellevue Ave		7:50am	9:30am
11	Lake Apath and Lakeshore Ave		7:55am	9:45am
12	Lake Path and Stanford House		8:00am	10:00am
13	14th Street and Broadway		8:05am	10:15am
Finish	14th Street and Frank H Ogawa Plaza		8:06am	10:30am